

# Traditional Okinawan Karate of Pleasant Valley

## Schedule of Classes

	Mon	Tues	Wed	Thurs	Fri	Sat
Family Class	4:30PM	4:30PM	4:30PM	4:30PM	4:30PM	
Div 1 (5-8)	5:30PM	5:30PM	5:30PM	5:30PM	5:30PM	10:00AM
Div 2 (9-11)	6:30PM	6:30PM	6:30PM	6:30PM	6:30PM	11:00AM
Div 3 (Teen Adult)	7:30PM	7:30PM	7:30PM	7:30PM	7:30PM	12:00PM
Div 4 (Adult)	8:30PM	8:30PM	8:30PM	8:30PM	8:30PM	12:00PM

Updated January 2020